

**Official Press Release**

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## **Les Nouvelles Esthetiques Spa Awards 2024**

The results of 19th annual Les Nouvelles Esthetiques Spa Awards hosted by Les Nouvelles Esthetiques, Southern Africa in association with Les Nouvelles Esthetiques Paris, were announced on the 28th July 2024, at Rosebank, Johannesburg.

The Les Nouvelles Esthetiques Spa Awards Gala Dinner evening was filled with excitement and glamour as some of the industries most respected and well-known names and media came together to acknowledge their peers. The Les Nouvelles Esthetiques Spa Awards Gala Dinner was a night brimming with excitement and glamour. The evening was elevated by the captivating sounds of the band, Simply for Entertainment, led by the dynamic duo Godfrey and Nash. Their performance added an extra layer of sophistication to the event, enhancing the overall atmosphere of celebration and recognition.

The Les Nouvelles Esthetiques awards programme encourages the highest standards within the Spa & Wellness Industry. The awards have been designed to stimulate a desire for service excellence among Southern African Spas.

The 2024 Spa Awards consisted of six (6) Categories, namely Day Spa, Hotel Spa, Boutique Hotel Spa, Safari Spas, Unique Spa Concept, and Aesthetic/Medi Spa categories.

## Days Spa Category

**Winner: Spa de la Veille.** Embellished in French elegance, Spa de la Veille in Centurion offers a sanctuary of tranquility, where guests are pampered with personalized treatments tailored to their individual needs. This luxurious spa provides a range of indulgent packages, aesthetic services, and beauty treatments. Guests can experience unparalleled relaxation in exceptional facilities designed to transport them to a serene world. The spa features seven private treatment rooms, two double treatment suites, a manicure and pedicure lounge, a relaxation area, and a heated Roman bath. The signature "Le Voyage de Vie" experience begins with a mineral-based body exfoliation, followed by therapeutic mineral mask in an exclusive steam room. After a refreshing shower, guests can relax in the Finnish sauna, rejuvenate in the Himalayan Salt Room, and conclude their journey with a sumptuous milk bath that leaves the skin satin-soft.

**Finalists: Casalea Spa.** Nestled in the heart of Northcliff, Casalea Spa is a serene luxury lifestyle retreat with French-inspired elegance and modern eclectic touches. The spa offers a range of exceptional treatments and facilities, including their signature Vichy shower—a lavish full-body exfoliation where warm water streams from five outlets, followed by a soothing aromatic oil massage. All treatments include access to a complimentary heated salt chamber, where you can re-energize and experience the healing benefits of pure salt. Casalea Spa blends tranquility with indulgence, providing a truly revitalizing experience.

**Dolce Vita Beauty Centre.** A luxurious, exclusive destination for women in Rand Park Ridge, Johannesburg, providing high-end services in a sophisticated spa environment. They offer aesthetics treatments to enhance beauty and skin health, slimming programs and body contouring, and a professional hair salon. **Rifumo Boutique Spa** Located in the heart of Mbombela, Rifumo Boutique Spa offers a serene retreat of luxury and relaxation. This boutique spa provides personalized care and indulgent treatments in an elegant setting. Guests can enjoy a variety of services tailored to their needs, including private treatment rooms, a dedicated manicure and pedicure lounge, and a tranquil relaxation area. With a focus on excellence and customer satisfaction, Rifumo Boutique Spa delivers a refined atmosphere where exceptional service meets comfort.

## Hotel Spa Category

**Winner: Leeu Spa by Healing Earth.** Leeu Spa by Healing Earth, nestled at the five-star Leeu Estates in the scenic Franschhoek Valley, represents a sophisticated collaboration with the prestigious Leeu Collection. Renowned for its commitment to excellence, the Leeu Collection partners with top experts, artists, and celebrated chefs for its properties in South Africa and the UK. Leeu Spa is a modern sanctuary of relaxation, seamlessly integrating Healing Earth's high-design products and therapies with the estate's natural elegance. Surrounded by meticulously designed herb gardens, orchards, and vineyards, the spa utilizes Africa's rich natural resources—minerals, flowers, herbs, and oils—to offer a rejuvenating wellness experience. With its contemporary sophisticated decor, Leeu Spa is celebrated for its multi-sensory experiences and immersive wellness packages. The spa goes beyond luxurious treatments, providing a comprehensive wellness program designed to create a profound connection between mind and body, ensuring a transformative and world-class experience.

**Finalists: Kievits Kroon Winelands Spa.** Rejuvenation awaits at Kievits Kroon's luxurious Winelands Spa. This spa boasts one of the most advanced thermae treatment facilities, including well-designed steam rooms, saunas, Jacuzzis, Swiss showers, a Rasul room, mud massage & scrub room, herbal baths with exfoliation, and indoor plunge pools. The heated indoor swimming pool offers stunning views of the estate, enhancing the superior facilities. In line with contemporary spa trends, the Kievits Kroon Winelands Spa features a unique arrival and relaxation lounge. This tranquil space allows clients to unwind with a complimentary selection of refreshments, providing a true sense of hospitality and relaxation before, after, and between treatments. **The Grotto Wellness Spa The Capital 15 on Orange.** The Capital 15 on Orange in Cape Town offers a blend of contemporary luxury and modern convenience in the heart of the city. The hotel features sophisticated accommodations with stunning views and a range of amenities, including a rooftop pool and a state-of-the-art fitness center. A standout attraction is The Grotto Wellness Spa, with its unique underground design that enhances its tranquil ambiance. The spa provides an exceptional array of treatments, including a distinctive night spa experience. Guests can enjoy a rejuvenating thermal symphony, seamlessly transitioning from the soothing heat of the steam room and sauna to an invigorating polar plunge pool immersion. This harmonious blend revitalizes the senses and ensures a deeply relaxing and transformative experience. **Mount Grace Hotel & Spa.** Nestled in the heart of Magaliesburg, Mount Grace Hotel and Spa offers an idyllic retreat where luxury meets natural beauty. The hotel invites guests to indulge in its upscale accommodations, savor gourmet dining, and experience unparalleled amenities. At the renowned spa, visitors can escape into a world of serenity with a selection of sumptuous treatments, soothing massages, and revitalizing therapies. The Hydrotherapy

Gardens, a standout feature, provide a sanctuary of therapeutic water experiences, including heated pools, a jacuzzi, and a floatation pool, all set amidst breathtaking landscapes. Each element of Mount Grace is designed to enhance relaxation and rejuvenation, making it the perfect destination for those seeking an exquisite blend of comfort and tranquility.

### **Boutique Hotel Spa Category**

**Winner: Healing Earth Transformative Wellness at Brahman Hills.** Healing Earth Transformative Wellness at Brahman Hills offers an exquisite retreat in KwaZulu-Natal's breathtaking rolling hills. Nestled amidst renowned, meticulously curated gardens, this sanctuary is the ultimate destination for a restorative escape where serenity and tranquility await at every turn. Upon arrival at the Spa, a team of skilled therapists welcomes you, dedicated to harmonizing your mind, body, and spirit for profound rejuvenation. The bespoke treatments and wellness experiences at Healing Earth are tailored to your unique needs, providing a personalized journey toward reconnection and revitalization. From soothing massages to invigorating facials and holistic therapies, each experience is crafted to help you rediscover your inner equilibrium. Healing Earth cosmetics enhance your retreat with pure, eco-conscious products, ensuring that every aspect of your care is enriched with natural, high-quality ingredients. As you depart, you carry with you not only a renewed sense of energy but also a deep-seated tranquility, ready to face the world with a revitalized spirit.

**Finalists: The Featherhill Boutique Hotel & Spa.** Located in Potchefstroom, South Africa, the hotel and spa offers a tranquil escape out of the city with luxurious amenities. The renowned Vista's Restaurant, a hidden gem, boasts breathtaking hilltop views of Potchefstroom. Its menu is crafted to be both visually stunning and delicious, whether you're savouring breakfast, enjoying a poolside lunch with a cocktail, or relishing a carefully planned dinner. The Feather Hill Spa complements this experience with a diverse range of treatments and extensive hydro facilities designed for ultimate relaxation. **Palm House Boutique Hotel & Spa.** Discover Cape Town's grandeur at Palm House Boutique Hotel & Spa. Set in Wynberg, our 1920s mansion offers stunning views of Table Mountain and opulent luxury amid lush gardens. Enjoy a blend of historic charm and modern comforts, and experience our bespoke spa treatments, crafted by internationally qualified therapists using Healing Earth's premium natural products. Indulge in holistic wellness ceremonies that harness Africa's rich natural resources to nurture both body and soul. Immerse yourself in the timeless allure of Palm House and let its unique offerings captivate your imagination.

**The Turbine Hotel & Spa.** The Turbine Hotel & Spa in Knysna is a stunning transformation of an old power station into a unique 5-star boutique hotel. The restored machinery now

enhances the hotel's distinctive aesthetics. Despite its historical charm, The Turbine offers modern 5-star amenities, including the Turbine Spa, which features a range of relaxing treatments from massages to facials, and a Rasul Steam Room. Guests can also enjoy the Island Café, a pool with scenic views on the wooden deck, and a variety of engaging activities. **Fordoun Hotel & Spa**, nestled in Nottingham Road, Kwa-Zulu Natal Midlands, offers a unique fusion of leisure and spa facilities set against a backdrop of serene, bygone-era tranquility. The spa features a floatation pool, heated swimming pool, sauna, steam room, Rasul, and a couples' treatment suite. The expert team includes skilled masseurs, Reiki and Bio-energy specialists for holistic healing, a traditional African Healer for indigenous wellness, and aestheticians for beauty treatments. Guests can also enjoy leisurely walks, dine at the renowned Sky Bistro Restaurant, or explore the surrounding natural beauty. Fordoun Hotel & Spa provides a memorable experience for relaxation, rejuvenation, and holistic wellness.

### **Safari Spa Category**

**Winner: LionSands – Ivory Lodge Spa.** Lion Sands' Ivory Lodge offers an exclusive retreat deeply connected to nature. With only eight luxurious suites situated along the river, each provides a private vantage point to observe the reserve's wildlife in its natural habitat. Guests can savor uninterrupted views of Africa's pristine landscape from their bed, deck, or plunge pool. The lodge is part of the MORE Family Collection, founded in the early 1930s by Guy Aubrey Chalkley and now led by its fourth generation. As a family-owned and managed organization, the MORE Family Collection emphasizes personal, private service while maintaining a deep commitment to guest satisfaction. Driven by a passion for continual learning and growth, the collection delivers exceptional experiences through the dedicated efforts of its remarkable team.

Ivory Lodge's spa experience blends modern luxury with natural tranquility. The spa facilities are designed to integrate seamlessly with the lodge's surroundings, reflecting a modern yet rustic aesthetic. Treatments are crafted to enhance relaxation and rejuvenation, using natural resources and innovative techniques to create a unique experience. The serene setting of the spa offers a perfect balance of adventure and relaxation, ensuring an exceptional escape into the heart of the African wilderness.

**Finalists: Thanda Safari Private Game Reserve**, in Kwa-Zulu Natal features a lodge with nine luxurious self-contained suites, each boasting spacious living areas, a heated plunge pool, and an outdoor 'sala' for relaxation with sweeping views of the reserve. The suites'

circular design honors the region's Zulu culture, echoing traditional homesteads. Designed for privacy, the layout also fosters a deep connection with the surrounding landscape. Thanda Safari Lodge's spa offers a range of treatments in tranquil therapy rooms or outdoors in the sala, with stunning reserve views. Therapists are adept in both Western techniques and ancient Zulu holistic practices, ensuring a thorough and rejuvenating experience. **Veldhaven Spa at Bona Bona Game Lodge** in North West, South Africa, offers a serene and beautiful retreat. Our mission is to provide a space of complete relaxation and sensory delight. During your treatments, you can choose fragrances and music from three categories—CALM, SOOTH, and UPLIFT — to create a personalized experience that invigorates your senses. The natural aromas from the locally produced RUAH range, combined with exclusive aroma oils, enhance your wellness journey. Guests are invited to explore a wide array of treatments, including facials, grooming, and unique thermae options. At Veldhaven, we are dedicated to delivering the most extraordinary and rejuvenating spa experience.

### **Unique Spa Concept Category**

**Winner: Die Stalle Spa at BOSJES.** BOSJES is a captivating destination where history meets modern luxury in the scenic Breedekloof Valley. This Boland family farm has been transformed into a picturesque retreat for family getaways, weddings, and special events. Surrounded by vineyards, orchards, and fynbos, BOSJES is framed by the stunning Waaihoek and Slanghoek mountains. The restored Cape Dutch homestead offers luxury accommodation in contemporary rooms, blending historical charm with modern comforts. The gardens are a visual delight, featuring succulents, Renosterveld and water plants, all enhanced by a striking monolithic water sculpture, complemented by award winning dining options from the Kombuis to the Spens, ensuring a pure wellness experience.

Die STALL Spa, housed in the remodeled original farm stables, Die STALLE Spa is a sanctuary of relaxation. It boasts six treatment rooms, a hydro pool with both indoor and outdoor access, and serene relaxation areas with panoramic mountain views. The spa also features a sauna and a modernized Rasul chamber. Emphasizing elegance and meticulous attention to detail, the spa provides a rejuvenating experience with its experienced therapists and luxurious amenities.

**Finalists: Yadah Castle – Hammam Turkish Spa & Bath.** Yadah Castle – Hammam Turkish Spa & Bath offers guests a warm welcome into an exotic journey. With candles, Persian carpets, and plush pillows, you can relax and escape the stresses of everyday life.

The spa creates a unique ambiance that transports you to an enchanting foreign land, engaging all the senses. The Turkish Hammam, a Middle Eastern variant of the steam bath popularized in Turkey, is a signature feature. The garden and sun deck provide serene spaces for unwinding. Most décor and artworks, imported from Turkey by owners Vanessa and Gokhan Haciosuleyman, enhance the experience, complemented by skilled therapists and gracious hospitality. **Oyana Spa.** Based in Pretoria and the surrounding areas, Oyana Spa is a premier luxury mobile spa offering exceptional relaxation and rejuvenation. Specializing in mobile events and services for boutique hotels, guesthouses, lodges, and private venues without in-house spa facilities. Oyana Spa delivers the ultimate spa experience directly to guests, by bringing a high-end spa experience to their doorstep, with effortless elegance and care. **Verde Vita Spa at Hotel Verde.** Hotel Verde Cape Town Airport offers a carbon-neutral stay with a 100% offset, featuring modern guestrooms, versatile conference facilities, and a green setting just 400 meters from Cape Town International Airport. As Africa's Greenest Hotel, it has earned numerous sustainability awards for its eco-friendly design and operations. The Verde Vita Spa & Wellness Centre, initially a modest relaxation space, has evolved into a state-of-the-art facility. Its design and construction, guided by South African firm Ohkre Collective, construction company Phase Three, green consultant André Harms of Ecolution, and spa consultant Jacoline Wentzel of Spa Warehouse, emphasize sustainability. This collaborative effort ensures that Verde Vita adheres to eco-friendly principles, exemplifying Hotel Verde's commitment to combining luxury with environmental stewardship.

### **Aesthetic Institute Category**

**Winner: SCINMed Wembley Square, Cape Town:** The award-winning SCINMed Aesthetic Clinic offers a blend of luxury and modern sophistication. Operated by qualified medical doctors and skilled aestheticians, this facility merges high-end anti-ageing treatments with preventative medicine to deliver exceptional results. Each guest embarks on a personalized journey toward complete rejuvenation, reflecting SCINMed's commitment to holistic excellence. The renowned team provides strategic, customized treatments across Aesthetics and Dermatology, ensuring natural-looking, long-lasting outcomes. Their dedication to longevity science is evident in the scientifically-proven treatments administered at their state-of-the-art facilities. Prioritizing client well-being and longevity, SCINMed performs each procedure with precision and professionalism, upholding its esteemed reputation.

**Finalists: Avara Wellness Spa,** situated in Century City, Cape Town, is celebrated for its luxurious and holistic wellness approach. Directed by Dr. Navasha Sewraj, an esteemed

aesthetic doctor, the spa offers cutting-edge treatments tailored to enhance both relaxation and well-being. Guests enjoy a comprehensive spa menu, featuring rejuvenating treatments in a serene environment that reflects the spa's commitment to excellence and holistic care.

**Revive Skin and Body Clinic**, in Featherbrook, Johannesburg, delivers exceptional holistic skincare and wellness. Guided by Jaaminique Mooi, the clinic offers advanced treatments to rejuvenate both skin and body. Emphasizing personalized care and innovative techniques, Revive provides clients with effective solutions for radiant skin and enhanced well-being in a serene environment. **The Laser Beautique in Linksfield**, Johannesburg, is a beautiful, new franchise dedicated to helping clients achieve effortlessly smooth, radiant skin. Specializing in advanced skin treatments and permanent hair removal, they combine the latest technology with expert training to deliver stunning results. Whether you need to eliminate unwanted hair or rejuvenate your skin non-surgically, The Laser Beautique enhances self-confidence and offers exceptional customer service.

**We look forward to hosting the Spa Awards in 2025, as Southern African Spas continue to flourish in an internationally growing market place.**

**For more information and visuals contact Dr Nadine de Freitas, Managing Editor, Les Nouvelles Esthetiques & Spa, on 083 267 2773 / [info@lesnouvelles.co.za](mailto:info@lesnouvelles.co.za) / [www.lesnouvelles.co.za](http://www.lesnouvelles.co.za)**